

## **PHYSICAL EDUCATION NOTICE TO PARENTS AND STUDENTS**

### **MAR VISTA ACADEMY 2014-2015**

Hello.

Welcome to Mar Vista Academy and the Physical Education Department. My name is Mr. Juan Price and I will be your son/daughters Physical Education Instructor. This semester the students will participate in many fun and exciting activities relating to physical fitness. Physical Education offers many life-long benefits such as self-awareness, increased self-esteem, good mental and cardiovascular health and teamwork. Because of these positive characteristics, the Physical Education Department believes this course is as important as any other class your child will ever take. The following information will explain my grading policies and expectations for all students enrolled in my Physical Education class.

#### **GRADING POLICY**

##### **SCHOLORSHIP**

Each student will be evaluated in several categories:

- Fitness runs : 20 minute run, mile run, timed individual laps, sprints
- Fitness testing : Sit ups, Push-ups, Flexibility, Balance skills, Motor skill development
- Active participation in Team sports : Softball, Flag football, Volley tennis, Soccer and basketball
- Active participation in all fitness activities : Weight room, Circuit training, Team building and SPARK fitness related concepts
- Written work and skill analysis, Fitness plans, Physical Education Academic vocabulary

Each Fitness category will be based on a point system and will be available on Jupiter grades. Students who cannot participate due to a medical condition or illness will be required to do written assignments to compensate for any class time missed. Students who miss any fitness run due to illness will be allowed a "Make up run day "at a time to be determined.

#### **CITIZENSHIP**

Student responsibility and conduct in class will be based on # of non-suits (4), tardies, inappropriate behavior, use of profanity, locker room behavior, theft, excessive absences and defiance. Negative marks in any of the mentioned categories will result in a significantly lower Citizenship grade. There are no IPADS or cell phones in class unless allowed by teacher. All IPADS or cell phones should be secured in

each individual students' locker. I also reserve the right to confiscate phones, send student to office on a referral, make parent phone calls and use any discipline deemed appropriate by MVA. All students should come to class with a positive attitude and ready to participate in daily activities.

#### **“SUITING UP “**

Students are required to bring separate P.E clothes, other than the clothes they wore to school, in order to receive full credit for participation. Students must change into gym clothes to stay in good academic standing. All Students must have a functional combination lock in order to lock up their valuables in a locker that will be provided.

#### **MEDICAL CONDITIONS**

If your son/daughter has Asthma or any other medical condition it is very important that you notify Mr. Price immediately. An official doctors' note should be presented to the school nurse for documentation and recommendations. Notes from parents excusing their son or daughter from class participation are discouraged, but will be honored for 2 days. Students still affected with any given injury or medical condition lasting more than 2 days will be required to submit official medical documentation to our school nurse.

I can assure you that I will create a positive and safe learning environment for each student. All students will have multiple opportunities for success and will be treated with respect. I look forward to getting to know all students and parents alike. It is important to work together to achieve total physical fitness success. Make your experience in Physical Education a positive one.

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